



Corona Virus Plan for Host Families

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Covid 19 Plan for Host Families

This plan is written in preparation for students returning to Alpha Guardians in September 2020 and for the coming academic year to ensure the safety and wellbeing of both the students and the host families they are placed with.

The Corona Virus (Covid 19) has become a common phrase in the UK and Internationally as we are faced with the pandemic that it has caused. For us all, measures have been put in place to limit the spread as we work towards a vaccine or treatment.

For our students, many of them are looking forward to returning to the UK, with further students wishing to join Alpha Guardians too. We have to consider the implications this has for us all and how we would manage, should further restrictions due to the pandemic be placed on us, or should a student or host become unwell due to it.

Host Family Contingency Plan

Before each student is placed, the host family will be checked that they would be happy for the student to remain with them, should they present symptoms and become unwell with Covid 19. This is in line with current government guidance that if any one in the household presents with symptoms consistent with Covid 19, the entire household should isolate for a period of 14 days.

We accept that this guidance is being updated regularly, and the most up to date information should be followed regarding isolation and treatment guidance. This can be found here:

<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

We suggest that you make a plan should you, your student, or anyone in your household becomes unwell and share this with your student when they arrive. We recommend that you have sufficient stocks of hand sanitiser/soap, paracetamol and cleaning products to assist with this.

What happens if the Alpha student becomes unwell?

If your student develops symptoms of Corona Virus, however mild, please inform Alpha Guardians as soon as possible. We can be contacted on 01473 559015 or 07454 650644 or via email. Alpha Guardians will then inform the parents, school and will assist you as you care for the student.

During this time we ask that:

- The student remains at home for at least 7 days from the beginning of the symptoms
- The student keeps socially distant (currently 2m) from others within the home
- If it is possible for your student to have their own designated bathroom, we recommend this, however if this is not possible the bathroom should be cleaned thoroughly after each use
- That all members of the household regularly wash their hands thoroughly for a minimum of 20 seconds

If the student is unwell, it is not necessary to call NHS 111, however if the students symptoms worsen or they have not improved after 7 days then contact NHS 111 online. For a medical emergency dial 999.

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